Welcome Back to School! We hope that you had an opportunity to relax and recharge your batteries during the summer break! We know the past year continued to pose difficult challenges as schools resumed in-person instruction while still very much dealing with the ongoing COVID pandemic. Our commitment to preventing and reducing youth tobacco, vape, and marijuana use continues as strong as ever. Please visit our website TCDE TUPE website to see services specifically for Tehama County students. We wish you a successful and productive year!

RESOURCES

- Video: The Triangulum: Protecting Youth with TUPE Funds
- Video: The Triangulum: Protecting Youth with TUPE Funds (Education and Youth Development)
- The Triangulum: Tobacco-Vaping-Marijuana
- School E-Cigarette Toolkit: Addressing Student Use of E-Cigarettes
- Electronic Cigarettes and Vaping Devices: Nicotine Addiction Repackaged
- Alternatives to Suspension for Tobacco/E-Cigarette/Vaping at School

For additional resources and information regarding TUPE please contact:

Yuliana Moreno, Program Specialist
ymoreno@tehamaschools.org ~ 530.528.7391
Training Opportunities

**Brief Intervention (BI)**
BI is a short-term counseling intervention for alcohol, tobacco, and other drug use that combines motivational interviewing, cognitive behavior therapy and the stages of change model to meet the needs of adolescents. Trainings are provided at no cost to participants, and space is limited!

October 27–28, 2022 8:30 am-12:00 pm
February 22–23, 2023 8:30 am-12:00 pm

To register, please contact the CBP Team at tupeca@ocde.us

**Flavored Tobacco Products Ban Referendum (Proposition 31)**
This year, Californians have the opportunity to vote YES or NO on banning tobacco flavor products; excluding hookah tobacco, loose leaf tobacco, and premium cigars. During a recent survey in Tehama County, almost 80% of students totally agree or agree that tobacco flavored products are more attractive for kids and teens.

In California, 96% of high school youth who use tobacco products, started with tobacco flavor; i.e. strawberry, chocolate, or donut.

A YES vote will uphold SB 793 and ban the sale of tobacco products.
A NO vote will repeal SB 793 and the sale of tobacco flavor will be legal in California.

**Fundamental Workshops**
Join us to learn basics about meeting TUPE requirements!

September 28, 2022 – Intervention & Cessation
October 26, 2022 – Family & Community Engagement
November 30, 2022 – Prevention Curricula
January 25, 2023 – Youth Development
February 22, 2023 – Tobacco-Free Policy

**Virtual Training**
Date: September 27 & 28
Time: 9am-12pm & 1 hour in the afternoon

Access Code CATUPE

Upon completing both training days, an evaluation, and passing an exam, attendees will become certified to facilitate teacher/in-service trainings that support curriculum implementation.

For more information, please contact Sam Kelley at skelley@ocde.us

**Launch of You and Me, Together Vape-Free! Curriculum**

Fresh off the Press

**Can’t Be Missed:**
Cannabis & You - T

Lesson 6

**Catch My Breath**
Train the Trainer Curriculum Training

**Quick Facts:**
- 80% of students agree that flavored tobacco products are more attractive for kids and teens.
- 96% of high school youth who use tobacco products started with flavored products.
- A YES vote will uphold SB 793.
- A NO vote will repeal SB 793.

**Register Today!**