

Student Intervention and Cessation Referrals



Kick it California




A free cessation program that helps Californians kick smoking, vaping, and smokeless tobacco with the help of proven, science-based strategies. School administrators may refer student(s) who have **consented** to being contacted by Kick It California. Kick It California contacts student as soon as possible to enroll them in the program and to talk with a Quit Coach.

To learn more about the program, [click here](#). To refer students, access the [referral form here](#).

MY HEALTHY FUTURE: A SELF-PACED ONLINE COURSE

This course is for any student caught using tobacco/vaping on school campus, or anyone working with students who want to quit. This new online, SELF-PACED course can be completed independently by students in 40-60 minutes.

How to assign the course

-  1. Adult provides student with the following:
 - link to course registration form
 - email of the adult who will follow up with them
 - student's school ID
-  2. Student does the course on a desktop, laptop or tablet. Student can move through the course at their own pace. Generally takes anywhere from 40-60 minutes to complete.
-  3. At the end of the course is a Google Form. The student will enter the email of the adult who will follow up with them, along with their school ID. The adult will receive a confirmation email.