CVT PPO Health Plans with Anthem Blue Cross and CVS/caremark

Tehama County DOE - M/C OTHER

October 1, 2022 - September 30, 2023

| BENEFIT | PPO 4, Rx A | PPO 6, Rx A | PPO 8, Rx C | PPO 9, Rx A |
|--|---|--|---|---|
| Calendar Year Deductible | Individual: \$100 Family: \$200 | Individual: \$250 Family: \$500 | Individual: \$500 Family: \$1,000 | Individual: \$1,000 Family: \$2,000 |
| Coinsurance | Paid at 90%* after deductible is met | Paid at 80%* after deductible is met | Paid at 80%* after deductible is met | Paid at 80%* after deductible is met |
| Calendar Year Out of Pocket Maximum (includes medical/pharmacy deductible, coinsurance, and copays) ⁽²⁾ | Individual: \$1,250 ⁽²⁾ Family: \$2,500 ⁽²⁾ | Individual: \$2,000 ⁽²⁾ Family: \$4,000 ⁽²⁾ | Individual: \$3,250 ⁽²⁾ Family: \$6,500 ⁽²⁾ | Individual: \$5,000 ⁽²⁾ Family: \$10,000 ⁽²⁾ |
| Doctor Visits | Primary Care Physician - \$20 Copay Specialty Physician - \$20 Copay | Primary Care Physician - \$20 Copay Specialty Physician - \$20 Copay | Primary Care Physician - \$30 Copay Specialty Physician - \$30 Copay | Primary Care Physician - \$35 Copay Specialty Physician - \$35 Copay |
| Preventive Care / Immunizations | Paid at 100%* | Paid at 100%* | Paid at 100%* | Paid at 100%* |
| Outpatient Laboratory | Non-Hospital - Paid at 90%* after deductible is met Hospital - After deductible is met, \$50 copay then paid at 90%* | Non-Hospital - Paid at 80%* after deductible is met Hospital - After deductible is met, \$50 copay then paid at 80%* | Non-Hospital - Paid at 80%* after deductible is met Hospital - After deductible is met, \$50 copay then paid at 80%* | Non-Hospital - Paid at 80%* after deductible is met Hospital - After deductible is met, \$50 copay then paid at 80%* |
| Outpatient Radiology | Non-Hospital - Paid at 90%* after deductible is met Hospital - After deductible is met, \$75 copay then paid at 90%* | Non-Hospital - Paid at 80%* after deductible is met Hospital - After deductible is met, \$75 copay then paid at 80%* | Non-Hospital - Paid at 80%* after deductible is met Hospital - After deductible is met, \$75 copay then paid at 80%* | Non-Hospital - Paid at 80%* after deductible is met Hospital - After deductible is met, \$75 copay then paid at 80%* |
| Durable Medical Equipment | Paid at 90%* after deductible is met | Paid at 80%* after deductible is met | Paid at 80%* after deductible is met | Paid at 80%* after deductible is met |
| Ambulance - Ground / Air | Paid at 90%* after deductible is met | Paid at 80%* after deductible is met | Paid at 80%* after deductible is met | Paid at 80%* after deductible is met |
| Physical Therapy | Paid at 90% ^{*(1)} after deductible is met (Copay, if applicable.) | Paid at 80% ^{*(1)} after deductible is met (Copay, if applicable.) | Paid at 80% ^{*(1)} after deductible is met (Copay, if applicable.) | Paid at 80% ^{*(1)} after deductible is met (Copay, if applicable.) |
| Chiropractic | Paid at 90% ^{*(1)} after deductible is met (Copay, if applicable.) | Paid at 80% ^{*(1)} after deductible is met (Copay, if applicable.) | Paid at 80% ^{*(1)} after deductible is met (Copay, if applicable.) | Paid at 80% ^{*(1)} after deductible is met (Copay, if applicable.) |
| Acupuncture | Paid at 90%* after deductible is met (Copay, if applicable) Maximum of 12 visits per calendar year | Paid at 80%* after deductible is met (Copay, if applicable) Maximum of 12 visits per calendar year | Paid at 80%* after deductible is met (Copay, if applicable) Maximum of 12 visits per calendar year | Paid at 80%* after deductible is met (Copay, if applicable) Maximum of 12 visits per calendar year |
| Outpatient Surgery | Non-Hospital - Paid at 90%* after deductible is met Hospital - After deductible is met, \$250 copay then paid at 90%* | Non-Hospital - Paid at 80%* after deductible is met Hospital - After deductible is met, \$250 copay then paid at 80%* | Non-Hospital - Paid at 80%* after deductible is met Hospital - After deductible is met, \$250 copay then paid at 80%* | Non-Hospital - Paid at 80%* after deductible is met Hospital - After deductible is met, \$250 copay then paid at 80%* |
| Hospital Inpatient | Paid at 90%* after deductible is met; Unlimited days, Semi-private room | Paid at 80%* after deductible is met; Unlimited days, Semi-private room | Paid at 80%* after deductible is met; Unlimited days, Semi-private room | Paid at 80%* after deductible is met; Unlimited days, Semi-private room |
| Hospital Emergency Room | \$100 Emergent Copay; \$175 Non-Emergent Copay (Copay waived if admitted as inpatient) After deductible is met, copay then paid at 90%* | \$100 Emergent Copay; \$175 Non-Emergent Copay (Copay waived if admitted as inpatient) After deductible is met, copay then paid at 80%* | \$100 Emergent Copay; \$175 Non-Emergent Copay (Copay waived if admitted as inpatient) After deductible is met, copay then paid at 80%* | \$100 Emergent Copay; \$175 Non-Emergent Copay (Copay waived if admitted as inpatient) After deductible is met, copay then paid at 80%* |
| Urgent Care | \$20 Copay | \$20 Copay | \$30 Copay | \$35 Copay |
| Home Health Care | Paid at 90%* after deductible is met; Limited to 100 visits per calendar year | Paid at 80%* after deductible is met Limited to 100 visits per calendar year | Paid at 80%* after deductible is met Limited to 100 visits per calendar year | Paid at 80%* after deductible is met; Limited to 100 visits per calendar year |

| BENEFIT | PPO 4 | I, Rx A | PPO (| 6, Rx A | PPO 8 | 8, Rx C | PPO 9 | 9, Rx A |
|--|---|--|--|--|--|--|--|--|
| Telehealth | | | MDLIVE - Paid at 100%* for non-emergency medical, dermatology and behavioral health consultations. ⁽²⁾ Call 1-888-632-2738 or visit www.mdlive.com/CVT | | MDLIVE - Paid at 100%* for non-emergency medical, dermatology and behavioral health consultations. ⁽²⁾ Call 1-888-632-2738 or visit www.mdlive.com/CVT | | MDLIVE - Paid at 100%* for non-emergency medical, dermatology and behavioral health consultations. ⁽²⁾ Call 1-888-632-2738 or visit www.mdlive.com/CVT | |
| Medical Decision Support | Consumer Medical - Yo Call 1-888-361-3944 o myconsumermedical medical guidance | r visit | Consumer Medical - Y Call 1-888-361-3944 c myconsumermedical medical guidance | or visit | Consumer Medical - Y Call 1-888-361-3944 c myconsumermedical medical guidance | or visit | Consumer Medical - Y Call 1-888-361-3944 o myconsumermedical medical guidance | or visit |
| Employee Assistance Program (EAP) through Beacon Health Options | Paid at 100% - Visit www.achievesolutions. net/cvt or call 1-877-397-1032 to access benefit ⁽³⁾ | | Paid at 100% - Visit www.achievesolutions. net/cvt or call 1-877-397-1032 to access benefit ⁽³⁾ | | Paid at 100% - Visit www.achievesolutions. net/cvt or call 1-877-397-1032 to access benefit ⁽³⁾ | | Paid at 100% - Visit www.achievesolutions. net/cvt or call 1-877-397-1032 to access benefit ⁽³⁾ | |
| Prescription Drugs | Retail ⁽⁴⁾ \$5 Generic \$22 Brand (30-Day Supply) | Mail Order ⁽⁴⁾ \$10 Generic \$44 Brand (90-Day Supply) | Retail ⁽⁴⁾ \$5 Generic \$22 Brand (30-Day Supply) | Mail Order ⁽⁴⁾ \$10 Generic \$44 Brand (90-Day Supply) | Retail ⁽⁴⁾ \$7 Generic \$25 Pref \$40 Non-Pref (30-Day Supply) | Mail Order ⁽⁴⁾ \$15 Generic \$60 Pref \$90 Non-Pref (90-Day Supply) | Retail ⁽⁴⁾ \$5 Generic \$22 Brand (30-Day Supply) | Mail Order ⁽⁴⁾ \$10 Generic \$44 Brand (90-Day Supply) |

PPO Plans:

* For Covered Expenses Only: When using Non-PPO & Other Health Care Providers, members are responsible for any difference between the covered expense and actual charges, as well as any deductible & percentage copay. All percentages are based on payments to preferred hospitals, physicians and other network providers.

(1) Non-Par Providers limited to a combined maximum of 13 visits per year.

(2) Retired members enrolled in Medicare: (1) MDLIVE Behavioral Health and Consumer Medical visits are excluded (2) Pharmacy copayments cost share will not apply to out of pocket maximums (3) CVT PPO Plans 1-10 pay according to non-duplication of Medicare benefits therefore those plan designs are inclusive of Medicare's payment.

(3) EAP - Up to 6 counseling sessions per covered member, per benefit year (max 2 episodes/courses of treatment).

(4) Copays for certain specialty medications may be set to available manufacturer-funded copay assistance for prescription plans A, B, C (includes Wellness), D and ValuRx

This summary is for comparison purposes only. Please refer to the actual benefit booklet for complete benefits at www.cvtrust.org/plan-documents.

CVT PPO Health Plans with Anthem Blue Cross and CVS/caremark

Tehama County DOE - M/C OTHER

October 1, 2022 - September 30, 2023

| BENEFIT | PPO Wellness, Rx C | PPO HDHP 3 | PPO Bronze |
|---|--|--|--|
| Calendar Year Deductible | Individual: \$500 Family: \$1,000 | Individual: \$1,500 Family: \$3,000 (No individual limit applies to family) | Individual: \$5,000 Family: \$10,000 |
| Coinsurance | Paid at 90%* after deductible is met | Paid at 60%* after deductible is met | Paid at 70%* after deductible is met |
| Calendar Year Out of Pocket Maximum (includes medical/pharmacy deductible, coinsurance, and copays) ⁽²⁾ | Individual: \$1,750 Family: \$3,500 | Individual: \$6,250 Family: \$12,500 Family = Employee with 1 or more covered dependents. No one individual will pay more than \$6,900. | Individual: \$6,350 Family: \$12,700 |
| Doctor Visits | Primary Care Physician - \$20 Copay Specialty Physician - \$40 Copay | Paid at 60%* after deductible is met | Primary Care Physician - First 3 visits covered in full after \$60 copay per visit; Remaining visits - Paid at 70%* after deductible is met Specialty Physician - Subject to deductible then \$70 copay |
| Preventive Care / Immunizations | Paid at 100%* | Paid at 100%* | Paid at 100%* |
| Outpatient Laboratory | Non-Hospital - Paid at 90%* after deductible is met Hospital - After deductible is met, \$50 copay then paid at 90%* | Paid at 60%* after deductible is met | Paid at 70%* after deductible is met |
| Outpatient Radiology | Non-Hospital - Paid at 90%* after deductible is met Hospital - After deductible is met, \$75 copay then paid at 90%* | Paid at 60%* after deductible is met | Paid at 70%* after deductible is met |
| Durable Medical Equipment | Paid at 90%* after deductible is met | Paid at 60%* after deductible is met | Paid at 70%* after deductible is met |
| Ambulance - Ground / Air | Paid at 90%* after deductible is met | Paid at 60%* after deductible is met | Paid at 70%* after deductible is met |
| Physical Therapy | Paid at 90% ^{*(1)} after deductible is met (Copay, if applicable.) | Paid at 60% ^{*(1)} after deductible is met | Paid at 70% ^{*(1)} after deductible is met |
| Chiropractic | Paid at 90% ^{*(1)} after deductible is met (Copay, if applicable.) | Paid at 60% ^{*(1)} after deductible is met | Paid at 70% ^{*(1)} after deductible is met |
| Acupuncture | Paid at 90%* after deductible is met (Copay, if applicable) Maximum of 12 visits per calendar year | Paid at 60%* after deductible is met. Maximum of 12 visits per calendar year | Paid at 70%* after deductible is met Maximum of 12 visits per calendar year |
| Outpatient Surgery | Non-Hospital - Paid at 90%* after deductible is met Hospital - After deductible is met, \$250 copay then paid at 90%* | Paid at 60%* after deductible is met | Paid at 70%* after deductible is met |
| Hospital Inpatient | Paid at 90%* after deductible is met; Unlimited days, Semi-private room | Paid at 60%* after deductible is met; Unlimited days, Semi-private room | Paid at 70%* after deductible is met; Unlimited days, Semi-private room |
| Hospital Emergency Room | \$100 Emergent Copay; \$175 Non-Emergent Copay (Copay waived if admitted as inpatient) After deductible is met, copay then paid at 90%* | Paid at 60%* after deductible is met | Subject to Deductible, then \$250 Copay (copay waived if admitted as in-patient) |
| Urgent Care | \$20 Copay | Paid at 60%* after deductible is met | Subject to deductible, then \$120 Copay |
| Home Health Care | Paid at 90%* after deductible is met; Limited to 100 visits per calendar year | Paid at 60%* after deductible is met; Limited to 100 visits per calendar year | Paid at 70%* after deductible is met; Limited to 100 visits per calendar year |

| BENEFIT | PPO Wel | Iness, Rx C | PPO HDHP 3 | PPO Bronze | |
|--|--|---------------------------|--|--|-----------------------------|
| Telehealth | MDLIVE - Paid at 100%* for non-emergency medical, dermatology and behavioral health consultations. Call 1-888-632-2738 or visit www.mdlive.com/CVT | | MDLIVE - Paid at 100%* after deductible is met for non-emergency medical, dermatology, and behavioral health consultations. Call 1-888-632-2738 or visit www.mdlive. com/CVT | MDLIVE - Paid at 100%* for non-emergency medical, dermatology and behavioral health consultations. Call 1-888-632-2738 or visit www.mdlive.com/CVT | |
| Medical Decision Support | Call 1-888-361-3944 or visit myconsumermedical.com for | | Consumer Medical - Your Medical Ally Call 1-888-361-3944 or visit myconsumermedical.com for expert medical guidance | Consumer Medical - Your Medical Ally Call 1-888-361-3944 or visit myconsumermedical.com for expert medical guidance | |
| Employee Assistance Program (EAP) through Beacon Health Options | Paid at 100% - Visit www.achievesolutions.net/cvt or call 1-877-397-1032 to access benefit ⁽³⁾ | | Paid at 100% - Visit www.achievesolutions.net/cvt or call 1-877-397-1032 to access benefit ⁽³⁾ | Paid at 100% - Visit www.achievesolutions.net/cvt or call 1-877-397-1032 to access benefit ⁽³⁾ | |
| | Retail ⁽⁴⁾ | Mail Order ⁽⁴⁾ | | Retail | Mail Order |
| Prescription Drugs | \$7 Generic | \$15 Generic | | Subject to deductible, then | Subject to deductible, then |
| | \$25 Pref | \$60 Pref | Paid at 60%* after deductible is met | \$25 Generic Copay | \$50 Generic Copay |
| | \$40 Non-Pref | \$90 Non-Pref | | \$50 Brand Copay | \$100 Brand Copay |
| | (30-Day Supply) | (90-Day Supply) | | (30-Day Supply) | (90-Day Supply) |

PPO Plans:

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(3) EAP - Up to 6 counseling sessions per covered member, per benefit year (max 2 episodes/courses of treatment).

(4) Copays for certain specialty medications may be set to available manufacturer-funded copay assistance for prescription plans A, B, C (includes Wellness), D and ValuRx

This summary is for comparison purposes only. Please refer to the actual benefit booklet for complete benefits at www.cvtrust.org/plan-documents.



Tehama County DOE Unrepresented Employees

Delta Dental PPO Incentive Plan Summary of Benefits

Effective October 1, 2022 to September 30, 2023

| Benefits and Covered Services* | PPO Network ** | Premier Network and Out of Network ** | |
|---|---|---|--|
| Calendar Year Deductible | None | None | |
| Calendar Year Maximum Benefit | \$2,200 | \$2,000 | |
| Diagnostic & Preventive Services Oral Examinations: 2 Annual Cleanings: 2 X-rays | Paid at: 70% - 100% * | Paid at: 70% - 100% * | |
| Basic Services Fillings Posterior Composite Restorations Sealants Nitrous Oxide | Paid at: 70% - 100% * | Paid at: 70% - 100% * | |
| Periodontics (gum treatment) Covered Under Basic Services | Paid at: 70% - 100% * | Paid at: 70% - 100% * | |
| Endodontics (root canals) | Paid at: 70% - 100% * | Paid at: 70% - 100% * | |
| Oral Surgery (extraction) Covered Under Basic Services | Paid at: 70% - 100% * | Paid at: 70% - 100% * | |
| Major Services Crowns, Inlays, Onlays & Cast Restorations | Paid at: 70% - 100% * | Paid at: 70% - 100% * | |
| Prosthodontics Bridges Dentures Implants | Paid at: 70% * | Paid at: 70% * | |
| Dental Accident Benefits | Paid at: 100% * (\$1,000 maximum per enrollee each calendar year) | Paid at: 100% * (\$1,000 maximum per enrollee each calendar year) | |

* This summary is for comparison purposes only. The Evidence of Coverage should be consulted for a detailed description of the covered benefits and is available at www.cvtrust.org/plandocuments.

** See back for additional details

What are my Delta Dental Network options?

The Delta Dental PPO plan allows you the option to visit any licensed dentist. You will usually save more on your outof-pocket costs when you visit a **Delta Dental PPO** dentist. The **Delta Dental Premier** network also provides costsaving features and is the next best option when you can't find a PPO dentist. Non-Delta Dental (Out of Network) dentists have no fee agreements with Delta Dental, so you will usually have the highest out-of-pocket costs when you visit a non-Delta Dental dentist. You are responsible for the difference between what Delta Dental pays and the dentist's fee.

How do I find a Delta Dental dentist?

To locate a Delta Dental dentist near you, check the dentist directory on the Delta Dental website **(deltadentalins.com)**, which also provides a map to the dental office. Or, to hear or receive a faxed listing of dentists in your area, call **866-499-3001**. Follow the automated instructions to search for a dentist.

How does my Delta Dental incentive plan work?

Your dental benefit incentive plan is designed to encourage regular visits to the dentist to keep your teeth and gums healthy. Here is an example of how an incentive plan works. (This is the most common incentive plan. Check your benefits information for details of your particular incentive plan.)



What are my online resources?

The full Delta Dental website is a one-stop-shop for plan and oral health information. Also available in Spanish: **es.deltadentalins.com**.

Create a free Online Services account at **deltadentalins.com** to:

- Locate a Delta Dental dentist
- Check benefits, eligibility, and claim status
- Opt for paperless statements
- View or print your ID card
- Check average dental costs in your area

Check out **Your Dental Plan Support Guide** for money-saving tips and treatment information. And, don't miss **mysmileway.com** – a great resource for oral health-related tools and tips.

Mobile? Get the information you need on the go. Bookmark or add a shortcut to the mobile site to return in just one tap from your phone. Download the free, convenient smartphone Delta Dental app from the App Store or

A LOOK AT YOUR VSP VISION COVERAGE

SEE HEALTHY AND LIVE HAPPY WITH HELP FROM CALIFORNIA'S VALUED TRUST - PLAN B **\$10** COPAY AND VSP.

Enroll in VSP[®] Vision Care to get personalized care from a VSP network doctor at low out-of-pocket costs.

VALUE AND SAVINGS YOU LOVE.

Save on eyewear and eye care when you see a VSP network doctor. Plus, take advantage of Exclusive Member Extras for additional savings.

PROVIDER CHOICES YOU WANT.

With an average of five VSP network doctors within six miles of you, it's easy to find a nearby in-network doctor. Plus, maximize your coverage with bonus offers and additional savings that are exclusive to Premier Program locations.



Like shopping online? Go to **eyeconic.com**[®] and use your vision benefits to shop over 50 brands of contacts, eyeglasses, and sunglasses.

QUALITY VISION CARE YOU NEED.

You'll get great care from a VSP network doctor, including a WellVision Exam[®]. This comprehensive eye exam not only helps you see well, but helps a doctor detect signs of eye conditions and health conditions, like diabetes and high blood pressure.





USING YOUR BENEFIT IS EASY!

Create an account on **vsp.com** to view your in-network coverage, find the VSP network doctor who's right for you, and discover savings with exclusive member extras. At your appointment, just tell them you have VSP.

Enroll today. Contact us: 800.877.7195 or vsp.com

YOUR VSP VISION BENEFITS SUMMARY



Tehama County DOE - Certificated & Unrepresented **Employees**



PROVIDER NETWORK: VSP Signature

| BENEFIT | DESCRIPTION | COPAY | FREQUENCY | | | | |
|---|---|-------------------------------------|-----------------|--|--|--|--|
| YOUR COVERAGE WITH A VSP PROVIDER | | | | | | | |
| WELLVISION EXAM | Focuses on your eyes and overall wellness | \$10 for exam and glasses | Every 12 months | | | | |
| PRESCRIPTION GLASSE | is | | | | | | |
| FRAME | \$170 featured frame brands allowance \$150 frame allowance 20% savings on the amount over your allowance \$80 Walmart*/Sam's Club*, Costco* frame allowance | Combined with exam | Every 24 months | | | | |
| LENSES | Single vision, lined bifocal, and lined trifocal lensesImpact-resistant lenses for dependent children | Combined with exam | Every 12 months | | | | |
| LENS ENHANCEMENTS | Standard progressive lenses Premium progressive lenses Custom progressive lenses Average savings of 40% on other lens enhancements | \$0 \$80 - \$90 \$120 - \$160 | Every 12 months | | | | |
| CONTACTS (INSTEAD OF GLASSES) | \$120 allowance for contacts and contact lens exam (fitting and evaluation) 15% savings on a contact lens exam (fitting and evaluation) | \$O | Every 12 months | | | | |
| Glasses and Sunglasses Extra \$20 to spend on featured frame brands. Go to vsp.com/offers for details. 30% savings on additional glasses and sunglasses, including lens enhancements, from the same VSP provider on the same day as your WellVision Exam. Or get 20% from any VSP provider within 12 months of your last WellVision Exam. | | | | | | | |
| EXTRA SAVINGS | Routine Retinal ScreeningNo more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam | | | | | | |
| | Laser Vision Correction Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities After surgery, use your frame allowance (if eligible) for sunglasses from any VSP doctor | | | | | | |
| YOUR COVERAGE WITH OUT-OF-NETWORK PROVIDERS | | | | | | | |

Get the most out of your benefits and greater savings with a VSP network doctor. Call Member Services for out-of-network plan details.

Coverage with a retail chain may be different or not apply. Log in to **vsp.com** to check your benefits for eligibility and to confirm in-network locations based on your plan type. VSP guarantees coverage from VSP network providers only. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location. In the state of Washington, VSP Vision Care, Inc., is the legal name of the corporation through which VSP does business.

*Only available to VSP members with applicable plan benefits. Frame brands and promotions are subject to change. Savings based on doctor's retail price and vary by plan and purchase selection; average savings determined after benefits are applied. Ask your VSP network doctor for more details.

Classification: Restricted

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