

# Tehama County Family Resources in Red Bluff

19/20

## Emergency Food Resources

**Salvation Army** - 940 Walnut St., Red Bluff. Call 527-8530. Monday and Thursday from 9:00 am to 12:00 pm and 1:00 pm to 3:30 pm.

**Tehama County Food Bank-The Gleaners** - 20699 Walnut St., Red Bluff. Call ahead, 529-2264.

**The Lord's Table** - Provides free meals at noon four days a week, call for location, 527-1351.

**Cornerstone Church**-Tuesdays, 9:00 am to 12:00 pm, call 527-9210 for information.

**Salt Ranch** - Food deliveries by appointment, call Randy Dueck at 200-6871.

**Senior Nutrition Program** - Lunch delivered five days a week, age 55 years and over, call 527-2414.

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## Housing and Emergency Shelter

**PATH Winter Shelter** - Contact Alecia Wilson for information at 736-3959.

**Sale House Women and Children Transitional Housing** - Contact Jennifer Ragsdale for information at 727-7191.

**Pathways Men's Transitional Housing** - Contact Jimmy Rolson for information at 646-7399.

**Rapid Re-Housing Rental Assistance** - Contact Jennifer Ragsdale for information at 727-7191.

**Empower Tehama Emergency Shelter for Victims of Domestic Violence** - Call 528-0226 for information.

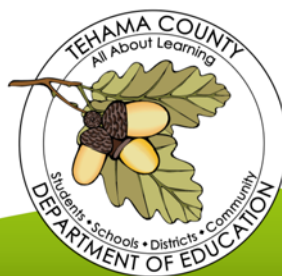
**HCV Program Section 8** - Plumas County Housing Authority, 800-993-5399 or 283-2466.

**SHHIP, HEAP Energy Assistance Program** - Energy bill assistance program, call 378-6900, or 877-801-7692 for an application and information.

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Red Bluff Police Department 527-3131

Tehama County Sheriff 529-7900



## Clothing

### Seventh-day Adventist Church

720 Jackson St., 527-3733, Mondays from 10:00 am to 12:00 pm.

### Salvation Army

940 Walnut St., 527-8530, Monday and Thursday. Call for information and times of availability.

**The Presbyterian Church**  
838 Jefferson St.  
Red Bluff, CA  
527-0372

## Showers

Tuesday-Friday 1:00 pm to 3:30 pm.

Families can call and make arrangements for different times to shower.

## Laundry

Wash one load on Wednesdays at 2 pm at the Belle Mill laundromat. Call ahead, they provide all laundry supplies.

## Hair Cuts

Free haircuts are available on the last Friday of the month during shower time.

## Tehama County Department of Education



**Foster/Homeless Coordinating Program**- School stability information for children and families experiencing homelessness. Call 528-7321 or 528-7370 for more information.

**State Preschool** - Call 528-7324 for eligibility and program information.

**School Readiness** - Home visiting program for families with children 0-5 years of age. Call 528-7348 for information.

**SERRF** - The Safe Education and Recreation for Rural Families Program (SERRF) is an after school and summer program. Call 528-7381 for more information.

**Tehama County Drug Free Community Coalition** - Substance use prevention and education resource. Call 528-7356.

### Adult Education:

GED preparation, ESL & citizenship classes:  
Shasta College Tehama Campus, 770  
Diamond Ave, Red Bluff, 529-8980.  
TeLA Adult Education Center  
724 Main St., Red Bluff, 527-7055

### Solutions for Youth Fund Children First FFA

Help for homeless or couch surfing high school students. Contact your high school counselor or call 528-2938.

## Counseling Resources

- **Children First Counseling Center** - 590 Antelope Blvd., Building B, Suite 30, Red Bluff, 529-9454.
- **Family Services Agency** - 1112 Grant St., Red Bluff, 527-6702.
- **Head Start Counseling Services** - 220 Sycamore St., Red Bluff, 529-1500 ext 115.
- **Youth Empowerment Services Center (YES Center)**- 1900 Walnut St., Red Bluff, 527-8491.

## Tehama County Department of Social Services

Cal-Fresh, Medi-Cal, and public assistance programs, call 527-1911 for information.

### Community Action Agency

Summer tailgate food giveaways, LIFT event, free tax preparation, Safelink free cell phones, deposit assistance, and nutrition education; call 527-6159 for more information.

### Tehama County Mental Health Division

1860 Walnut St., Suite A  
Red Bluff  
530-527-5631 or 1-800-240-3208  
Walk-in assessments available  
Monday through Friday at  
8:30 am and 12:30 pm.

### Community Crisis Response Unit

1860 Walnut St., Suite B  
Red Bluff  
527-5637 or 1-800-240-3208  
24 hours a day,  
7 days a week.

